

# June 16–18, 2026 | Lubbock, TX

## Day 1 – See & experience the power of the B.R.A.V.E. Framework.

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8:30-8:55 am	<i>Check in and get settled to start at 9:00am sharp.</i>
9:00 am	Welcome, Connections, Agreements
9:30 am	Module 1: B.R.A.V.E. Overview and Core Concepts
10:30 am	Morning Break
10:45 am	Module 2: Build a Strong Foundation
11:45am-1pm	Lunch (On Your Own)
1:00 pm	Module 3: A Fresh Lens for Trauma-Informed Practice
2:00 pm	Quiet Reflection + Stretch Break
2:15 pm	Module 4: The B.R.A.V.E. Mindset – Brain Builder Not Behavior Punisher
2:45-3:00 pm	Wrap Up & Review

## Day 2 – Apply brain-based principles to discipline practices.

Support both staff and students with strengths-based tools for increasing the reflection, regulation, and connection skills needed for B.R.A.V.E. behavior change.

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8:30-8:55 am	<i>Doors open at 8:30am. Review materials will be available.</i>
9:00 am	Morning Grounding & Reflections
9:30 am	Module 5: Checking Our Discipline Mindset
10:15 am	Quiet Reflection + Stretch Break
10:30 am	Module 6: Elevate – Helping Staff & Students Climb Upstairs
11:15 am	Integration Activity
11:45am-1pm	Lunch (On Your Own)
1:00 pm	Module 7: Supporting Staff Buy-In
1:50 pm	Afternoon Break
2:00-3:00 pm	Trainer Toolkit Playground
3:00-4:00 pm	<i>Optional: Q&amp;A + Supported Prep and Planning</i>

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## Day 3 – Practice, teach, and prep for lasting change

Build confidence in sharing the B.R.A.V.E. Framework in your unique context with clear next steps for implementation.

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8:30-8:55 am	Doors open, get settled in
9:00 am	Morning Grounding & Reflections
9:30 am	Module 8: Pain, Protection Mode, & BRAVE Leadership
10:00 am	Practice Session: When Staff Get Spiky
10:40 am	Morning Break
10:50 am	Module 9: Rollout for Real Life (with case studies)
11:45 am-1 pm	Lunch (On Your Own)
1:00 pm	Supported Prep & Planning
1:45 pm	Stretch Break
2:00 pm	Module 10: From Eye Rolls to Aha Moments
2:30-3:00 pm	Closing Reflections & Celebration

*A note to future me...*

