The B.R.A.V.E. Framework

Understand behavior. Support your staff. Strengthen your school.

The **B.R.A.V.E. Framework** is more than a set of ideas.

It's a transformational shift in how educators see and react to disruptive behavior.

By weaving together trauma-informed neuroscience, relatable language, and powerful visuals, B.R.A.V.E. gives educators a new lens—one that fosters ideas instead of overwhelm, skill-building instead of punishment.

This shift doesn't just improve classroom behavior; it creates space for reflection, regulation, and stronger relationships.

And that changes everything.



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Behavior is a Brain Thing

All behavior comes from the brain.



Relationships Matter

Brains are built from the bottom up with lots of help from safe adults.



Act Without Thinking or Think Before Acting?

Behavior depends on which brain "team" is in charge: Upstairs or Downstairs.

Very Important: No Part of the Brain Is Bad!

We need our survival brain... but sometimes it gets extra protective.

Elevate: Keep Climbing Up Those Stairs

Regulation isn't about perfection; it's about finding our way back to the Upstairs Brain.



Want to bring B.R.A.V.E. to your school or district?

Explore trainings, tools, and schoolwide support at www.BraveBrains.com/EDU







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