SENSORY solutions™

FEELING FACES anchor chart

with Riley the Brave



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tips for use

ASCA standards:
- M 2
- B-SMS 2
- B-SMS 7

Understanding what you are feeling is a huge part of emotion management! Let Riley the Brave help.

This makes a great anchor chart for your classroom or regulation space.

Have students choose an emotion and share a story about a time they felt that way.

Remember to model identifying emotions by pointing to the face that matches what you are feeling.

Remind students often that feelings come and feelings go.....whether comfy or uncomfy, it won't last forever!

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Feelings Come...

And Feelings Go!

Right now I feel...

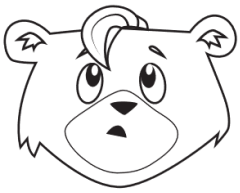
Mad



Sad



Nervous



Bored



Confused



Happy



Frustrated



Calm



Disappointed



Ready



Lonely



Tired



but it won't last forever!

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