SENSORY™ solutions

ANCHOR chart

for Regulation Spaces



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tips for use

This anchor chart will remind students how to use the regulation space.

- Print this chart and hang it in your room where everyone can see it.
- Walk students through the expectations together.
- Model following the procedure yourself when you need a break.
- When the space isn't being used properly, remind students to follow the chart.

SENSORY solutions™

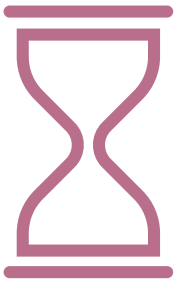
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How to Use This Space

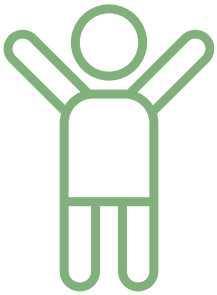
Use our regulation space signal.



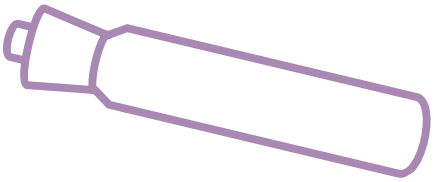
Start the timer.



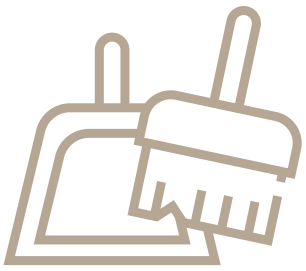
Choose a helpful activity.



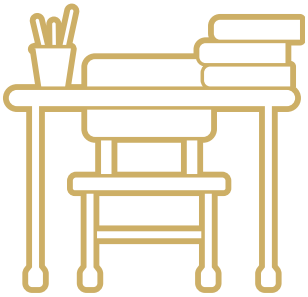
When the timer ends, use Feelin' and Dealin' to reflect.



Clean up the space.



Return to your seat quietly.



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