SENSORY solutions™

let's REFLECT

Learning Tool
Reflection Sheets



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tips for use

ASCA standards:

- M 3
- B-LS 9
- B-SMS 9

Reflection is a vital part of self-regulation!

Use the developmentally appropriate sheet with students after trying out a learning tool.

Review the sheet together, discussing what is working and what isn't.

If the current learning tool isn't working, try a different one and repeat this process.

Students with sensory processing difficulties may struggle to reflect. Keep practicing and consider varied ways of giving and receiving feedback.

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Let's Reflect

Working together with your student, reflect on their learning tool.

Student Name _____

Staff Name _____ Date _____

My learning tool was:

Think about each question, then circle 👍 or 👎



I was safe 👍 👎



I was learning 👍 👎

This tool helped me  👍 👎



This tool worked for my classmates 👍 👎

Staff Observations _____

_____

_____

_____

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Let's Reflect

Take turns filling out this form, paying attention to how this tool impacted learning in the classroom.

Student Name: _____

Staff Name: _____ Date: _____

My learning tool was:

I was safe: Yes / No

I was learning: Yes / No

This tool helped me: Yes / No

This tool worked for my classmates: Yes / No

I also noticed. . .

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Staff Observations:

Used it safely? Yes / No

Able to focus/learn? Yes / No

Seemed to help? Yes / No

Did this tool disrupt classmates? Yes / No

Notes: _____

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